National Autistic Society | Neuroinclusive Education Network

Suitable for All Ages

Anxiety Module

This module will provide delegates with an understanding of what we mean by anxiety, how it appears in autistic pupils, what the key triggers are and what delegates can do to support autistic people and prevent and reduce anxiety.

2.5 hours

Cost £FREE per person

Who is this training for?

This session is suitable for **anyone** living or working with an autistic person within any environment. This may include:

- Teachers
- Parents
- Carers

What will you learn?

The training will support delegates to understand:

- How an autistic person might express anxiety
- What can cause anxiety in an autistic person
- What you can do to prevent and reduce anxiety in an autistic person

Developed by leading autism specialists

Up to date with the latest research

Enhances your CPD

Resources and frameworks linked to Ofsted

Optional certification

NEN Partner St Piers

Date Tuesday 17th November 2026

Time 1.30pm – 4.00pm

Details St Piers School & College
St Piers Lane
Lingfield
Surrey, RH7 6PW

St Piers Training

Book your training now:

Email us at:
training@stpiers.org.uk

CPD CERTIFIED
The CPD Certification Service

For more information, visit: www.nen.org.uk