



# Carers Week Banstead Celebration!

If you're an unpaid carer, please celebrate Carers Week with us at our Banstead Hub!

Come along, have a free tea/coffee and cake, chat with our staff and other carers, and pick up your FREE carer's 'goody bag' and new carer resources.

We're also running a special 'looking after yourself' session.

**WHERE** United Reformed Church, Woodmansterne Lane, Banstead SM7 3EX **WHEN** Tuesday 11th June, 10-2.30pm

For more information, please get in touch

☎ call 0303 040 1234 📞 text 07723 486730

✉ email [CSAdmin@actionforcarers.org.uk](mailto:CSAdmin@actionforcarers.org.uk)

[www.actionforcarers.org.uk/carers-week-2024/](http://www.actionforcarers.org.uk/carers-week-2024/)



Charity Registration No 1116714