



# Carers Week Addlestone Celebration!

If you're an unpaid carer, please celebrate Carers Week with us at our Addlestone Hub!

Come along, have a free tea/coffee and cake, chat with our staff and other carers, and pick up your FREE carer's 'goody bag' and some brand new carer resources.

We're also running a special 'Looking after yourself' session between 10.30am and 12pm, plus a craft activity.

**WHERE** Addlestone Community Centre, Garfield Road, Addlestone KT15 2NJ

**WHEN** Wednesday 12th June, 10am-2.30pm

For more information, please get in touch

☎ call 0303 040 1234 📞 text 07723 486730

✉ email [CSAdmin@actionforcarers.org.uk](mailto:CSAdmin@actionforcarers.org.uk)

[www.actionforcarers.org.uk/carers-week-2024/](http://www.actionforcarers.org.uk/carers-week-2024/)



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