

Are you a carer of someone who has experienced psychosis from a Black, Caribbean or any other Black ethnic background in the UK?



By talking to you, we hope to increase our understanding of how society and cultural differences play a part in the experience of psychosis.

Research has shown us that people from Black, African and/or Caribbean communities experience psychosis at a much higher rate than other ethnicities, but seeking care or support for psychosis has many barriers, including racism, stigma and shame. We want to know what you think, what could help and how society may play a role in this.

To be eligible to take part in the study, you will need to be:

- Over 18-years-old
- Live in the UK
- Identify as Black, Caribbean or any other multi, or mixed Black ethnicity yourself.
- Currently or historically cared for someone who has psychosis from a Black, Caribbean or any other Black ethnic background.
- A non-paid carer in a professional and/or family capacity.

Get in touch if you would like to be entered into a raffle where you could win £20!

To take part, please email Charlotte: c.taylor5@uea.ac.uk