

## **PRESS RELEASE**

#### FOR IMMEDIATE RELEASE: 03.11.23



## **Information Fairs for Unpaid Carers across Surrey this November**

## Carers Rights Day takes place on Thursday 23<sup>rd</sup> November.

# Marking Carers Rights Day (23rd of November) Action for Carers Surrey are running Carer Information Fairs at our Carer Hubs across Surrey.

Representatives from the charity, which supports unpaid carers aged 5-95, will be joined by numerous other Surrey charities, organisations and statutory bodies, to offer help and advice to visitors.

There will be a focus on rights and what you're entitled to as an unpaid carer, but there will also be information on other practical matters relevant to caring.

## The Fairs will all take place at the Carer Hubs, between 11am-2pm as follows:

#### Monday 20th November

**WOKING**: The Vyne Centre, Knaphill, Woking GU21 2SP – more <u>here</u>. **CRANLEIGH**: The Bandroom, Village Way, Cranleigh GU6 8AF – more <u>here</u>.

#### **Tuesday 21st November**

**CAMBERLEY**: High Cross Church, Knoll Road, Camberley GU15 3SY – more <u>here</u>. **EPSOM**: St Barnabas Church, Temple Rd, Epsom KT19 8HA – more <u>here</u>.

#### Wednesday 22nd November

**HORLEY**: Horley Baptist Church, Horley RH6 8RG – more <u>here</u>. **ADDLESTONE**: Addlestone Community Centre, Garfield Rd, Addlestone KT15 2NJ – more <u>here</u>.

#### **Thursday 23rd November**

CATERHAM: Westway Community Café, 25 Chaldon Road, Caterham CR3 5PG – more here.

#### Friday 24th November

LEATHERHEAD: Leatherhead Community Hub, Kingston Road, Leatherhead KT22 7PX – more here.

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## Saturday 25th November

GUILDFORD, in partnership with The Hive: Park Barn Drive, Guildford GU2 8EN – more here.

## **Organisations attending**

Participating organisations (at different Fairs), include:

Admiral Nurse Service, Adult Social Care, Age UK Surrey, Alzheimer's UK, Carer Practice Advisors (SCC), Continence Nurse, Crossroads Surrey, Family Voice Surrey, Frontline Debt, Healthwatch Surrey, Memory Lane, Parkinson's UK, Sayers Croft Trust, SEND/Family information, Sight for Surrey, SILC Independent Living, Social Prescribing, Sport in Mind, Surrey Choices, Surrey Coalition of Disabled People, Surrey Fire and Rescue, Surrey Safeguarding Board, Surrey Welfare Rights Unit, Warmth Matters.

## Support for unpaid carers



Visitors will be able to meet with ACS staff and some of the organisations above to get information and support – practical, financial and legal – about their caring role.

In addition, carers will be able to pick up our 'carers rights' postcard, free newly updated booklets, and some little give aways – plus enjoy free coffee/tea and cake.

These events are all drop-in, and of course free to attend, so carers should simply pop along.

ENDS

## FOR MORE INFORMATION, PLEASE CONTACT

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## **NOTES TO EDITORS: About Action for Carers**

Action for Carers Surrey provides events, information, advice and support for carers aged 5-95. Support includes support, drop-in Hubs across Surrey, benefits help, advocacy, guidance on moving and handling, hospital carer advisors, workshops, information and relaxation events (by Zoom and face to face), support groups, free resources and more.

There's a specialist service, Surrey Young Carers, for 5-17s, offering drop-ins, information and activities to give them a little time out from caring.

We also support and train Surrey professionals who work with (and encounter) carers in their role, including teachers, social workers, GPs and other health and social care staff.

Carers should get in touch calling our Helpline on 0303 040 1234; texting (only) 07723 486730 or emailing <u>CarerSupport@actionforcarers.org.uk</u>.

