

## Are you a male carer or have you been a male carer?



If so, I would like to invite you to participate in my Master's dissertation research study on the experiences of male caregivers. The study will explore the challenges and rewards of male caregiving.

I am looking for participants who are:

- Male
- Caregiving, or having been a caregiver for a loved one

The study will involve a 60-minute one-off one-to-one recorded interview.

I intend to focus on the following themes in the interview.

### The challenges of male caregiving

- Physical and emotional demands
- Financial strain
- Social isolation
- Lack of support

### The rewards of male caregiving

- A sense of purpose
- Increased closeness with loved ones
- A sense of accomplishment
- Personal growth

**If you are interested in participating, please email me at [michael.bowden40@gmail.com](mailto:michael.bowden40@gmail.com) for further information.**

I appreciate your time and consideration.

### Please note:

- The study has ethical approval from Birkbeck College, University of London.
- The study is confidential.
- The study is voluntary.
- Participants can withdraw from the study at any time.