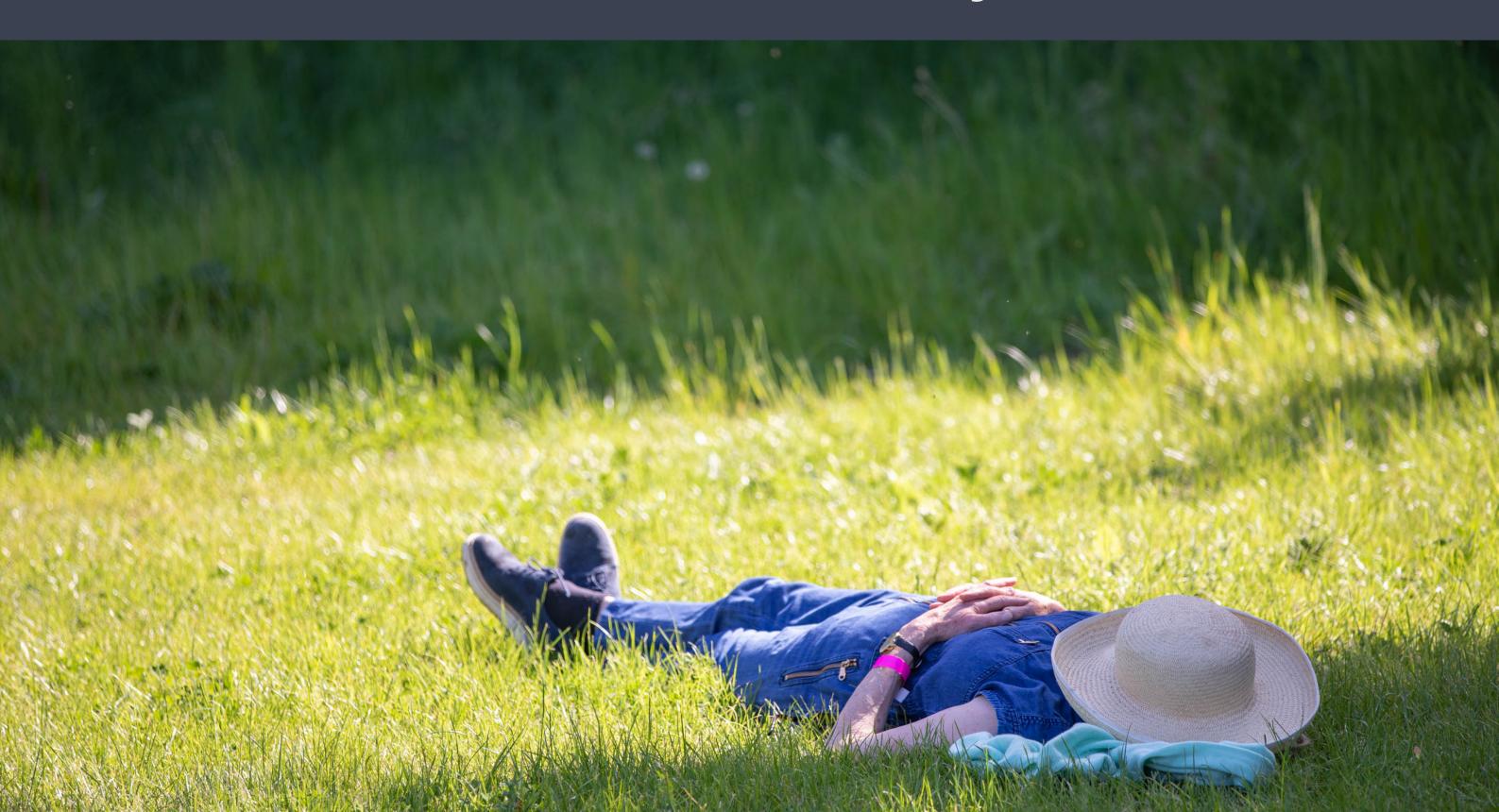
Breathing Space A free 6 week wellbeing in nature course at West Horsley Place



Fridays 2-4pm Starting 12th May Sometimes we all feel low, improve your wellbeing through nature, conservation, and outdoor art in a supportive environment. Register by emailing groups.cc@catalystsupport.org.uk or

> calling 01276 409 415

WEST Horsley *Place*



