

**Are you aged
between 18–24?**

**Are you looking
after or supporting
someone who
couldn't manage
without your help?**



Giving Carers a Voice

Healthwatch Surrey are an independent organisation that are the ears and voice of people in Surrey, listening to people's experiences of health and social care and helping to improve, shape and get the best from these services.

The Giving Carers a Voice team are always interested to hear from carers and **we want to talk to as many young adult carers as possible** about this.

This might include talking about:

- Services you have used – Were they helpful or not?
- Services you would like

Would you like to meet either as a group or individually to have a chat about this? **Pizza could be involved too!**

Please get in touch with Lisa Roberts:
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