

Are you an adult woman living in the community in the UK?\*

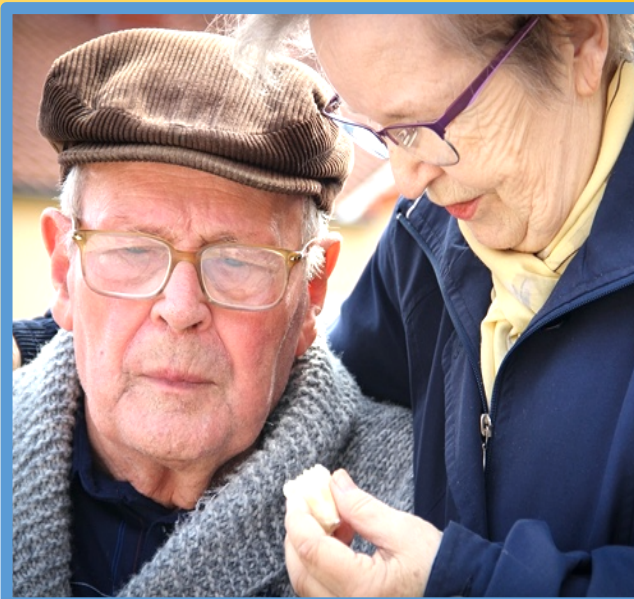
Are you providing at least 5 hours of unpaid care per week?

Is this care for one family member or more, of any age and with any condition(s)?\*

Have you survived a stroke?

Did your stroke happen at least 12 months ago?

Were you providing care for at least 12 months before your stroke?



Very little is known about what it is like to continue to care for a family member after a stroke. Our hope is that hearing about your experiences will give us a better understanding of what it is like to live with these circumstances. We hope that this will help services to better assess and meet the needs of carers like you. **We're particularly keen to hear from women who identify as being part of the LGBTQ+ community or other minoritised groups!**

If you would like to find out more information about this doctoral research project, email:  
Catherine McGoldrick (Trainee Clinical Psychologist):

[c.mcgoldrick@surrey.ac.uk](mailto:c.mcgoldrick@surrey.ac.uk)

### What will it involve?

This study involves completing an online survey, which takes between 10 and 20 minutes to complete. Use the link or QR code to access this survey:

[https://surreyfaqs.eu.qualtrics.com/jfe/form/SV\\_ah15kbNQiRnnzRs](https://surreyfaqs.eu.qualtrics.com/jfe/form/SV_ah15kbNQiRnnzRs)



At the end of this survey, you will have the **option** to sign up for possible invitation to a more in-depth interview about your experiences, via telephone or Microsoft Teams.

\* You may participate if you identify as a woman but this does not match the gender you were assigned at birth. You may also participate if you are gender non-binary.

\*\* The person or people receiving care can be any age and have any number of difficulties for which they require support. The people you care for may have physical needs, mental health needs, or both. They may be children or adults. They may be related to you in any way (e.g. by marriage, biologically, etc.).

*This study has been reviewed and has received ethical approval by the University of Surrey Ethics Committee (ref: FHMS 21-22 058 EGA).*

Version 2.0- 08/06/2022 Meaning-making amongst informal caregiving women after stroke survival: The impact on the caregiving experience.