

# Education Advisory Team



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@CarersSurrey



ActionforCarersSurrey

Learning and Work ▶ Moving and Handling ▶ GP Carer Recognition ▶ Surrey Young Carers



# What is a carer?



# What is a disability?



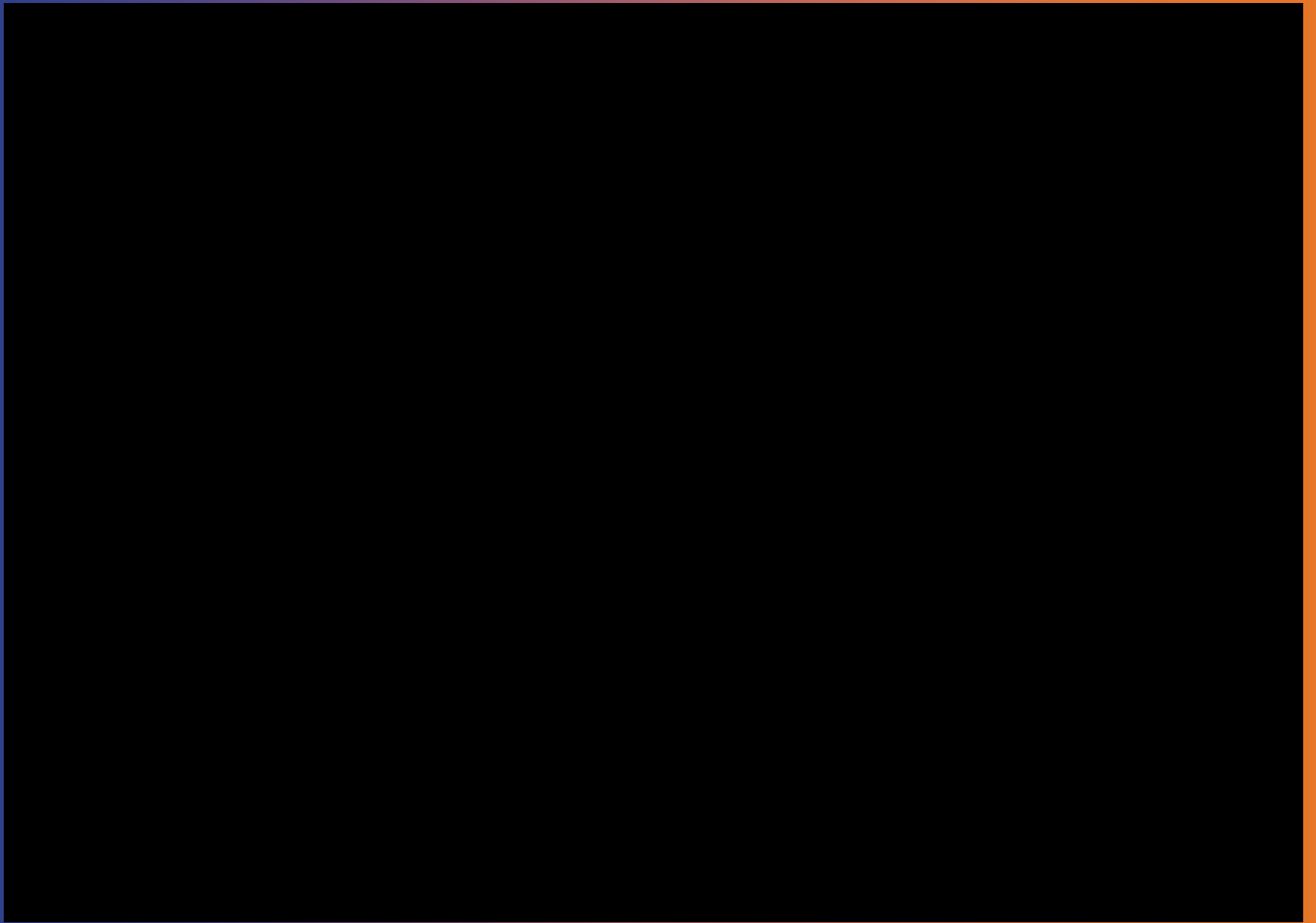
# What is a young carer?



# So a young carer might help with:

- Cooking
- Cleaning
- Shopping
- Talking
- Listening

And they may worry...











# Worry



Isolated



Tired

Anxious

# Who can you talk to?



- Teachers
- Adults at school
- Family
- People we trust
- Friends



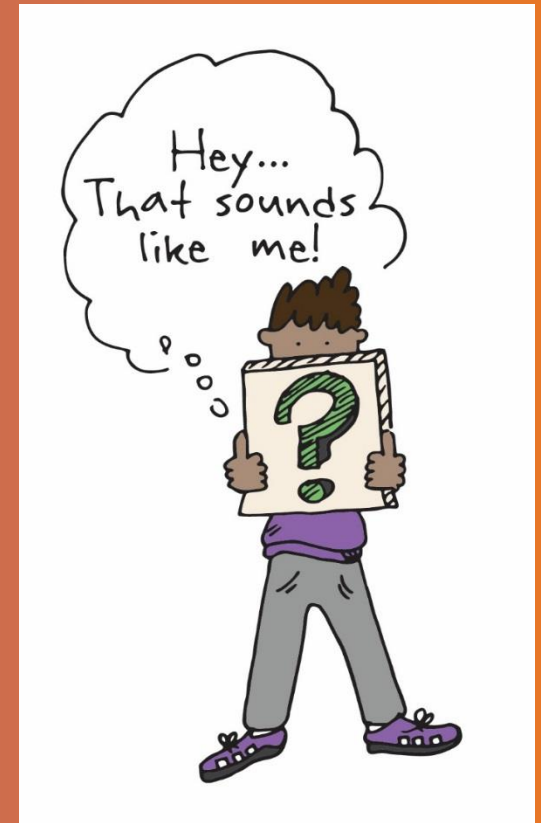
# If you think you are a young carer, who can help?

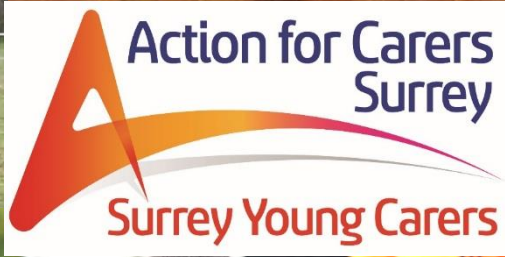
## School

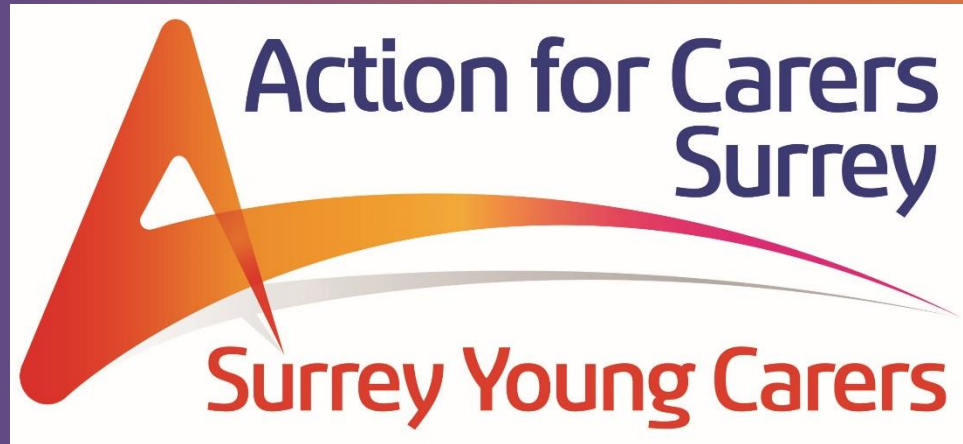
- Speak to your teacher if you are worried about anybody at home

## Surrey Young Carers

- Someone to talk to
- Help for young carers and their families
- Fun days out







Contact us on  
[syc@actionforcarers.org.uk](mailto:syc@actionforcarers.org.uk)

Or visit  
[www.actionforcarers.org.uk](http://www.actionforcarers.org.uk)