# How the Award works

- To achieve the award, register with us and receive a starter pack. Then you complete the checklist, and provide evidence that the eight standards have been met.
- We will visit and to approve your award and then present you with our Angel Award plaque of recognition, also a certificate signed by the Executive Director for Children, Families and Learning, Surrey County Council.
- We will promote your achievement, in our communications, and provide Angel Award stickers, posters etc for you to display in your school.

## To find out more

To find out more about the Angel Award, and our support for you in helping your school's young carers

**Email** SYC@actionforcareres.org.uk

Call 01483 568269

Or visit our website www.actionforcarers.org.uk/ The-Angel-Award

# Action for Carers can help in other ways too

We provide information, advice and support for carers of all ages, across Surrey.

This includes one to one and telephone support, money advice, advocacy, guidance on moving and handling, workshops, events and support groups (that take place both face to face and online), our helpline, free resources and more.

Our specialist service for young carers (5-17) offers support and wellbeing activities, as well as guidance for schools. We also provide awareness training to professionals.

"The support we receive from Surrey Young Carers is second to none. Not only do our students benefit from their compassion, understanding and expertise but also their family members."

Action for Carers (Surrey) Registered Office: Astolat, Coniers Way, Burpham, Guildford, Surrey GU4 7HL. Company Limited by Guarantee. Company Number 5939327. Registered in England & Wales with Charitable Status. Registered Charity 1116714. ACS0028: Leaflet updated July 2022

#### A Network Partner of CARERS TRUST QMS<sup>150</sup> 9001 : 2015 REGISTERED



# The Surrey Young Carers Angel Award

# Supporting Young Carers in Your School



### Young carers in school

There are, on average, two young carers in every classroom, with an estimated 14,000 in Surrey.

- Half of young carers report that their caring role has a negative effect on their school work.
- Some young carers leave school with the equivalent of 9 GCSE grades lower than their peers who have no caring role.
- One study reported that a half of the carers surveyed had missed school because of their caring role and a quarter had left without any GCSEs.
- A quarter of young carers said they were bullied at school because of their caring role.

With the right support, being a young carer brings benefits, and many express pride in their role.

"Doing the Angel Award was a great opportunity to look at the support we give to young carers at St Peter's School and to think about how we can make it even better, and I'm so pleased to be able to celebrate our young carers."



"I love helping mum of course and I learned to be independent from a very early age. Decision making, organisation and budgeting will all be really useful to me in future.

But caring comes with responsibility and I often miss out on seeing friends. Plus if mum needs help and I have homework to do, the homework has to wait."

#### Lucy, Surrey young carer



# **The Angel Award**

The Angel Award scheme was developed by young carers to help caring pupils be recognised and supported at school.

The Award aims to encourage and recognise all the great work that schools do in identifying and supporting their young carers. Schools have to meet eight standards, checked by our staff and young carers, to show that they are 'young-carer friendly.'

The standards include: having a carers' champion, a carers support group, training for staff, and assemblies about young carers to help all pupils understand the issues the young carers face, as well as support pupils to self-identify and find the help they need.

## **Benefit to schools**

By achieving the Angel Award:

- Schools are recognised by pupils, families and professionals as young-carer friendly, with a culture of acceptance, understanding and support for its vulnerable pupils.
- Schools gain recognition for their good practice.
- You demonstrate that your school is meeting the needs of this vulnerable group, specifically mentioned in Ofsted's Common Inspection Framework.