

Free NHS remote monitoring service for older people



Older people who have been diagnosed with one of the following conditions can apply for a new, free of charge NHS service that remotely monitors their health.

The Technology Integrated Health Management (TIHM) Monitoring Service uses remote digital monitoring devices installed in homes to collect information about people's health and wellbeing. Health issues identified by the technology are followed up by a dedicated NHS Monitoring Team who provide swift advice and support. The aim is to provide people with reassurance and identify health issues early on so that timely help is provided.

It is available to:

- anyone with a diagnosis of dementia or mild cognitive impairment who is registered with a GP in either Surrey, North East Hampshire and Farnham or Bracknell Forest, Slough, Windsor, Ascot and Maidenhead and who lives at home
- anyone age 65 and over who has been diagnosed with anxiety and/or depression who is registered with a GP in Surrey, North East Hampshire and Farnham or Bracknell Forest, Slough, Windsor, Ascot and Maidenhead and who lives at home
- Carers providing regular support to people who qualify for the Service.

The Service is provided by Surrey and Borders Partnership NHS Foundation Trust in partnership with smart home monitoring provider Howz, Surrey Heartlands Health and Care Partnership and Frimley Health and Care Integrated Care System.

People can apply directly by completing a self-referral form at: www.sabp.nhs.uk/TIHM/get-involved or they can call: 0800 448 0786 or email rx.tihm2@nhs.net. For more information, go to: www.sabp.nhs.uk/tihm