



As a health, social care or education professional, you will meet many unpaid carers in the course of your work.

We provide FREE training courses to keep you up-to-date in best practice in supporting unpaid, family/friend carers.

We have two workshops, see below, but also offer tailored training on request ([See our website for more.](#)) Action for Carers are the charity commissioned by SCC/NHS to provide carers' services in Surrey.

Because Carers Count This introductory day workshop offers: insight into carers' lives, their need for equality of opportunity and support • facts and figures on caring's impact • first-hand accounts from carers about the difficulties they face and how they would like to be supported • understanding of how to establish effective relationships with carers and an appreciation of their viewpoint • details of carers' services in Surrey.

NEXT DATES all via Zoom, 10am-3pm: Thursday, 23 September; Tuesday, 5 October; Wednesday, 17 November; Thursday, 2 December.

Think Carer, Think Family This half-day, advanced workshop gives an understanding of how to support carers of all ages, by developing a whole family, personalised and strengths-based approach • the impact of caring on young carers and their life chances • the Care Act and Children & Families Act • the role of the NHS, local policies and social prescribing • best practice in personalised support for carers and families at all stages of their journey.

NEXT DATES all via Zoom, 9.30am-12.30pm: Wednesday, 29 September; Thursday, 28 October; Tuesday, 30 November; Wednesday 8 December.

MORE DETAILS on our website:

<https://www.actionforcarers.org.uk/for-professionals/training-for-professionals/>

Our free courses run every 2-3 weeks, are for any Surrey health, education or social care professional.
Full details at www.actionforcarers.org.uk

To book, please: ☎ call 01883 626264
or ✉ email Training@actionforcarers.org.uk



Charity Registration
No 1116714