

Education Advisory Team Secondary Assembly



What is a young carer and what do they do?



Issues affecting young carers



Where young carers can get support

What is a young carer?

Someone under the age of 18 who is providing unpaid care for a family member or friend with...

- A physical or mental health problem
- A disability
- A substance dependency or
- A life limiting illness

How many young carers are there?

- 14,000 in Surrey
- That's 1 in every 12 young people
- 2 in every classroom

AT LEAST!

What do they do?

- Practical care
- Physical care
- Emotional care
- Money management

Video: Dark Days

<https://www.youtube.com/watch?v=vFeNL0r9VPo>



How are young carers affected?

- Emotional impact
- Health impact
- Social impact
- Impact on education

A large iceberg floats in a blue ocean under a cloudy sky. The visible tip of the iceberg is small, while the vast, textured mass of ice is submerged beneath the water's surface, illustrating the concept of hidden impact.

Hidden impact

Why are some young carers hidden?

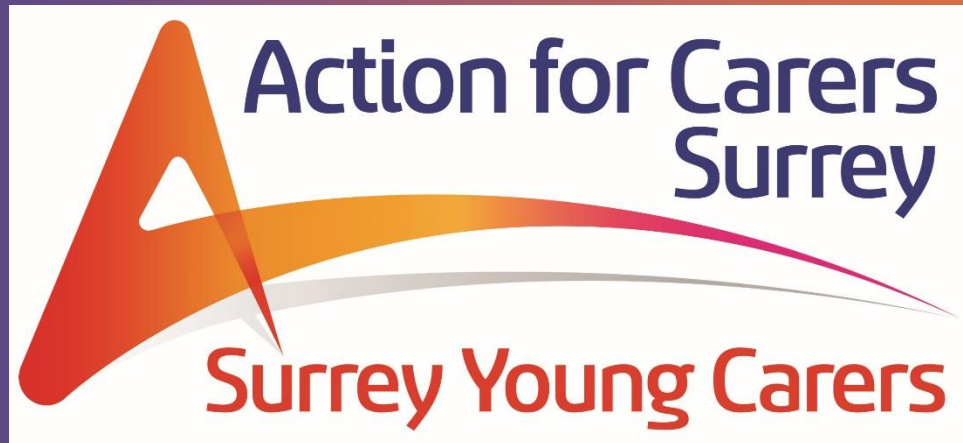
- Don't know they are a young carer
- Scared of being labelled
- Don't know who to speak to or if anyone cares

Positives of being a young carer

- Closer bond with family
- Good management/organisational skills
- Good at multitasking
- Good life skills
- Strong resilient people

Support for young carers

- School: Young Carer Lead, support groups
- Surrey Young Carers; 1:1 and family support, time-out events, groups and activities
- Internet: The Carers Trust / Kooth / Childline / The Children's Society



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Or visit
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