



Education Advisory Team Assembly for Key Stages 1 & 2

What is a carer?



What is a disability?



What is a young carer?



So a young carer might help with:

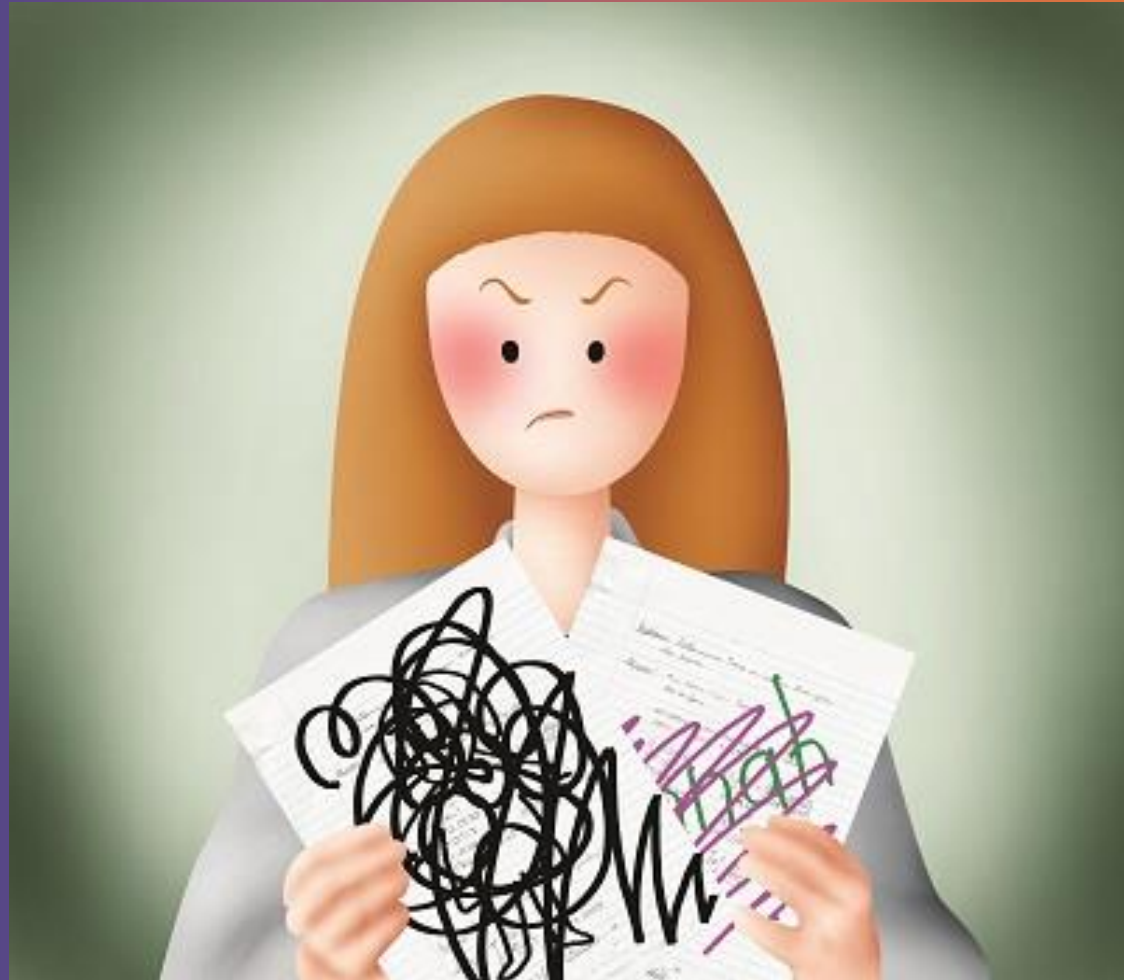
- Cooking
- Cleaning
- Shopping
- Talking
- Listening

And they may worry...

Video:

Different but normal

<https://www.youtube.com/watch?v=mkxC8Qbww8U&t=12s>







Worry



Isolated

Tired

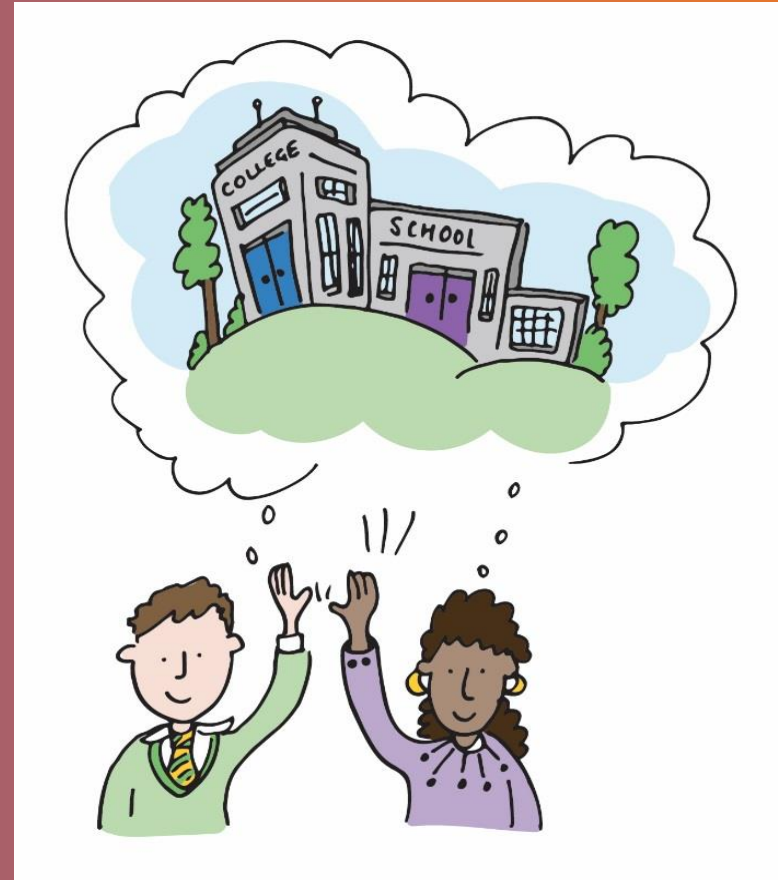
Anxious



Who can you talk to?



- Teachers
- Adults at school
- Family
- People we trust
- Friends



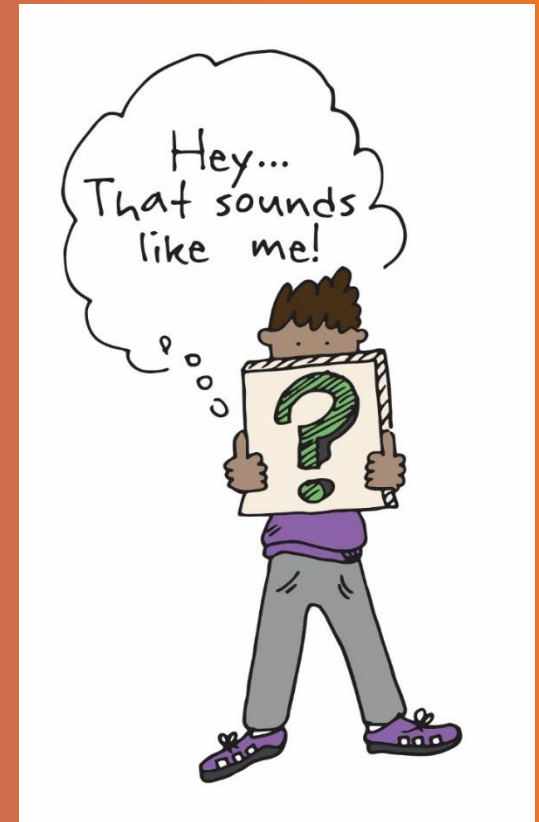
If you think you are a young carer, who can help?

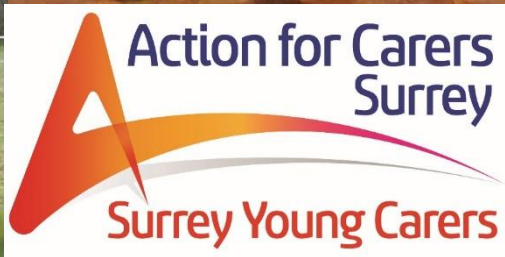
School

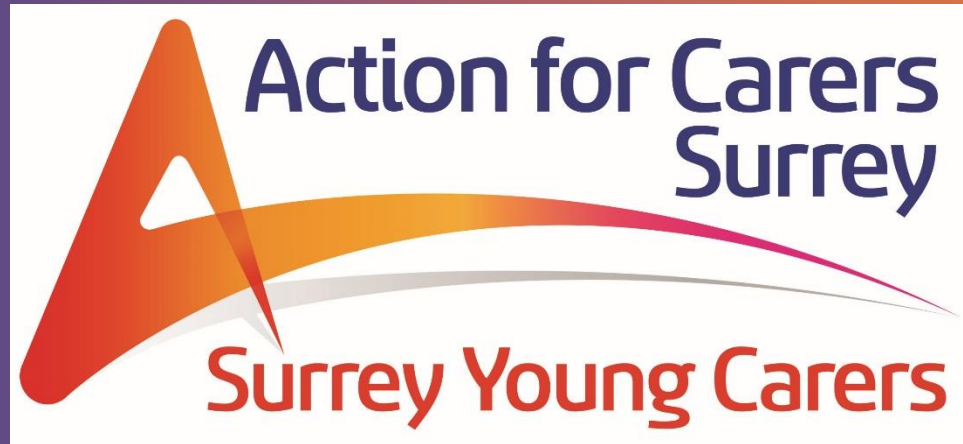
- Speak to your teacher if you are worried about anybody at home

Surrey Young Carers

- Someone to talk to
- Help for young carers and their families
- Fun days out







Contact us on
syc@actionforcarers.org.uk

Or visit
www.actionforcarers.org.uk