

# BEX'S SOCIAL STORY

Hi! My name is Bex and I went to get the vaccination For COVID-19. I have been shielding For many months because I am clinically vulnerable. I was very worried about getting the vaccination. I thought it would hurt. I want to write this social story to help other people that might be worried.

1) THIS IS ME WAITING TO TALK TO THE DOCTOR ABOUT THE JAB. I WAS REALLY WORRIED THAT THE VACCINATION WOULD HURT.



2) THIS IS ME TALKING TO THE DOCTOR. SHE ASKED ME WHAT MEDICAL CONDITION I HAVE. SHE CHECKED WHAT MEDICATION I WAS ON, AND WANTED TO KNOW IF I TOOK BLOOD THINNING MEDICATION. SHE ALSO CHECKED IF I HAVE HAD ANY ALLERGIES. SHE ASKED ME WHAT MY DATE OF BIRTH WAS.



3) THEN I WENT TO A DIFFERENT WAITING AREA TO WAIT FOR A NURSE.



4) THE NURSE HAD A LITTLE TRAY THAT HAD THE VACCINE ON. THE NURSE TALKED TO ME THROUGHOUT AND EXPLAINED EVERYTHING. SHE MADE SURE THAT SHE USED HAND GEL TO KEEP HER HANDS CLEAN. I HAVE HEARD THAT SOME PLACES CHECK YOUR TEMPERATURE BEFORE THE VACCINATION BUT THEY DIDN'T CHECK MY TEMPERATURE.



5) THE NURSE ASKED ME WHAT ARM DID I WANT THE INJECTION IN. I CHOSE MY LEFT ARM.



6) I STILL THOUGHT IT WOULD HURT. IT DIDN'T HURT AT ALL! ONCE I KNEW IT DIDN'T HURT I FELT RELIEF AND EXCITEMENT!



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7) I THEN WENT TO A DIFFERENT WAITING AREA. I HAD TO WAIT FOR 15 MINUTES THIS WAS TO MAKE SURE THAT I DIDN'T FEEL ILL AFTERWARDS. THE NURSE SAID THAT IF I DID FEEL SICK THEN I HAD TO TELL THEM. THERE WERE SIGNS ON THE DOOR SAYING MAXIMUM OF 30 PEOPLE, BUT THERE WEREN'T MANY. I DIDN'T FEEL SICK.

THE STAFF WERE AMAZING!



I WAS SO WORRIED BUT EVERYONE WAS REALLY KIND.

9) I FELT RELIEF AFTERWARDS. AS SOON AS I HAD THE VACCINATION I GOT UP AND SANG AND DANCED!

8) AFTERWARDS I HAD SOME SIDE EFFECTS. THEY WERE MILD SIDE EFFECTS I HAD COLD HANDS AND FEET MY ARM FELT NUMB. I ALSO HAD A BLOCKED NOSE. THE ONLY ONE THAT I KNOW WAS BECAUSE OF THE VACCINATION WAS THE ARM. IT WAS NUMB WHERE THE NEEDLE WENT IN.

