



Young Adult Carers

Your name and job title here

Date of presentation here

Aims

- What is a young adult carer?
- What do they do?
- What support could help them?



What is a young adult carer?

Watch the film and write down:

- The tasks you see the young adult carer do?
- How does being a young carer affect them?
- How did others treat him? His friends?
Teacher? Other students?



What is it like to be a young adult carer?

Young adult carers: ‘an unsuspecting day’

<https://www.youtube.com/watch?v=wssvE1KwKjk>



What is a young adult carer (16–24)?

'A carer looks after a family member who has a long term illness, disability or is affected by drug or alcohol misuse.'

They are not:

- paid
- volunteers



What do they do?

Activity



How does it feel?

College feels...

Difficult



Good



How does it feel?

Home feels...

Difficult



Good



Out of the woods

<https://www.youtube.com/watch?v=HZz0uU72eOo>

- What feelings did the young carer have?
- Who helped the young carer?
- What help was given?



Who can help support young adult carers, in their ‘right to a life outside caring’?

Surrey Young Carers

- Financial information
- 1-1 support
- Social events
- Support during university
- Help in work situations

Children and Adult Services

A carers assessment is a discussion to find out about whether their caring situation is OK. To find out if more support would help them and the person they care for.

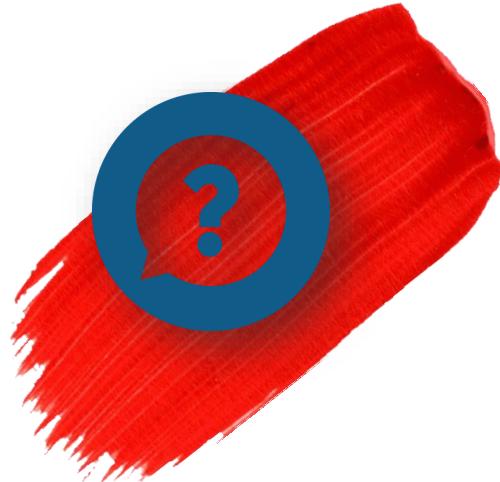


What college can do?



- Give information on finance through college bursary
- Finding other services that could help e.g. counselling, careers advice
- Understanding from your tutor e.g. appointments
- Support in case of an emergency e.g. missing deadlines, absence
- Tell you where to get 1-1 support

If your friend is a carer DO...



- Listen
- Respect their family life
- Understand their homes are private places and they may be embarrassed to invite you around
- Understand they have less free time
- Encourage them to ask for help

'See Us' - a film by Surrey young adult carers



A FIXERS FILM

Thank you

Any questions?

ICONS:

<https://www.flaticon.com/>

<https://icons8.com/icons>

https://www.iconfinder.com/free_icons

<http://icon-library.com/icon/doctor-appointment-icon-13.html>: Vectorstock.com/ 16049842

https://www.kindpng.com/imgv/ibmhiii_team-workload-managing-workload-hd-png-download/

