

MAKING IT REAL FOR YOUNG CARERS AND YOUNG ADULT CARERS

Surrey Young Carers (part of Action for Carers Surrey) works to identify and support Surrey's many young carers. Working with the NHS, SCC and young carers themselves, we have developed a strategy which outlines young carers' needs and concerns, and defines how we should all work to help them reach their full potential.

STRATEGY
FOR
2020-2023

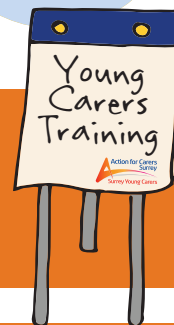
Strategic Priorities

Working with Surrey Young Carers, Surrey's health and social care professionals commit to:

Supporting the identification/ recognition and registration of young carers in all organisations, including primary care and education.



To make young carer training mandatory for all Surrey's health and social care professionals.



Ensuring all young carers have their care needs assessed, and receive an integrated package of support in order to maintain and/or improve their physical/mental health.



Empowering young carers to make choices about their caring role, access appropriate services, and support for them and the person they care for.



To create, improve and promote resources to identify and support young carers.



To improve and develop partnership working.



To establish appropriate policies and procedures.



To ensure young carers are consulted – they said 'Ask me, listen to me, be honest'.



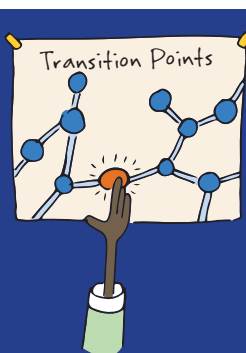
Ensuring all staff are aware of young carers' needs and their value to our communities.



Respecting and listening to young carers as 'experts by experience', and actively involve them in care planning and shared decision making.



Identifying key transition points early.



Identifying, supporting and protecting young carers from 'inappropriate care'.



Key Themes

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Wishes

What young carers tell us they want:

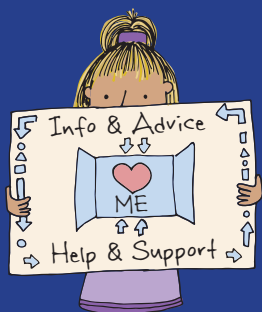
Tell me what to expect and changes I don't know about.



Recognise that I am a carer, remember I am still young.



Listen to me, give me the right information so it is easier for me to care.



Give me more support.



Make it easier to get an appointment.

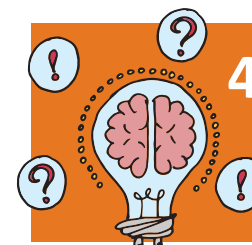


Talk to me about being a carer in a way I will understand.



14,000+

Young carers in Surrey: 2-3 children in every classroom are young carers.



4,700

Young carers in Surrey caring for someone with mental health concerns.



67%

Say their caring role leaves them feeling stressed.



55%

Struggle to keep up with their schoolwork/coursework.



40%

Holiday, yay!

Say a break from caring will improve their health.

Key Facts