



Action for Carers Mental Health Support Group invites you to join in their celebration of **World Mental Health Day 2017**

Thursday 12th October 2017
7- 9pm

Jefferies Hall, St Pius X Church, Laustan Close, Merrow, Guildford



There will be stalls of local organisations with loads of information about courses, resources and ideas to support you and the person you care for, presentations, hand massage, refreshments in the 'tea and chat saves lives' area and much, much more..... So please join us.



For more information please contact 0303 040 1234
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