

## FOR SURGERY STAFF USE:

Once the Carers are identified, you should identify any communication, religious or cultural barriers and then provide the appropriate support.

Have you checked for young carers?

### You should:

- Register the patient as a carer using Read Code 918
- Refer the Carer for support services and assess for a GP Carer Break payment (they may need an appointment)
- Ensure the health needs of the Carer have been identified and assessed appropriately
- Ensure the Carer has been given information and understands the benefits of registering as a Carer.

For any additional guidance you can find the Carers Pathway on the Carers Prescription website.

Once a patient has registered as a Carer they can be referred to Carer support services through the Carers Prescription. <https://www.actionforcarers.org.uk/professionals/general-practitioners/>

## GP Carer Registration Form

# Do you look after someone who couldn't manage without you?

## Does your GP know you're a carer?

Many people look after friends or family who can't manage without them. This could be due to a serious health condition, disability, mental health illness, frailty, addiction or substance misuse.

Being a carer can often affect your own health but your GP can support you if they know you care.

Just fill in this form and hand it to a receptionist to register yourself as a carer.

## Tell us about yourself.....

Your first name:

Your surname:

Your home address:

Postcode:

Your date of birth:        /        /

Your email address:

Your home phone number:

Your mobile number:



## What happens next?



Please ask to be given 'The Guide on Carers Support in Surrey' and take a look at your surgery's Carers Resource File.

If you feel that your health is suffering due to looking after someone, please make an appointment to see your doctor. **Your GP can help you to look after your own health needs by having more knowledge of your caring role, perhaps with a Carers Prescription.**

Please note: Completing this form does not automatically entitle you to have access to the medical records of the person you are caring for. Check your surgery policy regarding this.

### Organisations who can help.....

- **Surrey County Council Adult Social Care Helpline**—call 0300 200 1005 or text to 07527 182 861 . visit [surreycc.gov.uk/adultsocialcare](http://surreycc.gov.uk/adultsocialcare)
- **For more organisations** —visit [surreyinformationpoint.org.uk](http://surreyinformationpoint.org.uk)
- **Action for Carers Surrey**— call 0303 040 1234 or visit [actionforcarers.org.uk](http://actionforcarers.org.uk)